

Complex Trauma Conference

April 5, 2019



Southeastern Louisiana
University
Pottle Hall
Auditorium-Room 128
Hammond, Louisiana



Join us, as we embark upon a journey to understanding, healing, empowering, and connecting with those impacted by complex trauma!

Complex trauma describes both children's exposure to multiple traumatic events—often of an invasive, interpersonal nature—and the wide-ranging, long-term effects of this exposure. These events are severe and pervasive, such as abuse or profound neglect. They usually occur early in life and can disrupt many aspects of the child's development and the formation of a sense of self. Since these events often occur with a caregiver, they interfere with the child's ability to form a secure attachment. Many aspects of a child's healthy physical and mental development rely on this primary source of safety and stability.

You should attend this conference if you want to:

- Gain an understanding of the impact of complex trauma across the lifespan
- Understand the role of culture in complex trauma-related challenges
- Acquire skills for assessing trauma in child welfare clients
- Understand the impact of trauma on attachment and nurturing
- Acquire practical skills to foster resiliency in children impacted by trauma
- Learn more about the basics of Trust-Based Relational Intervention (TBRI) as a therapeutic model for caregivers to provide effective support and treatment for at-risk children.

Register online: <http://bit.ly/ComplexT>

Questions? Contact Team Dynamics at 985-624-3514

Conference Host:

**Louisiana Child Welfare
Training Academy**

*LCWTA is a partnership
between:*

- Louisiana DCFS
- The Pelican Center for Children and Families
- University Alliance
- Southeastern Louisiana University's Department of Health and Human Sciences

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Conference Schedule:

8:15am	On-site check-in opens
9:00am	Welcome and Keynote Presentation—Complex Trauma: Part 1
11:30am	Lunch
12:35pm	Brain and Sensory Presentation
1:15pm	Attachment and Nurturing Presentation
1:45pm	Sensory Activities
2:15pm	Nurturing Activities
3:00pm	Keynote Presentation— Complex Trauma: Part 2
4:00pm	Interaction, Questions and Closing Comments
5:00pm	Adjourn

FEES: Registration fees are \$25 per person to attend the conference (includes lunch).

CEU/CLE: This conference has been designed to offer up to 5.75 hours of CEU and CLE credits (general/clinical applications pending).

REGISTRATION: Registration is online—no on-site registrations. All registrations must be paid in advance via credit card or PayPal. All attendees will receive emailed confirmations.

Foster parents: Foster parents must contact Connie Riddle at lcwta@selu.edu to register.

Students: SELU students who wish to attend should contact their social work instructor or the Child Welfare Training Academy.

For both foster parents and students, if you are authorized to attend, your information will be submitted for registration and you will receive a confirmation by email.

Keynote Speaker:

Russell T. Jones, Ph.D.

Dr. Jones is a Professor of Psychology at Virginia Tech University, and a Clinical Psychologist who specializes in trauma psychology in the areas of natural and technological disasters as well as interpersonal violence. He is also an expert in the behavioral sciences. A related area of study is Disaster Preparedness. Among consequences of trauma studies include Post-traumatic stress disorder, Depression, and Post-Traumatic Growth. Assessment, conceptualization, and treatment of consequent psychiatric and psychosocial disorders also serve as a major topic of interest. Co-editor of *Behavior Therapy and Black Populations: Psychosocial Issues and Empirical Findings*. As an experienced clinician and researcher with traumatized children, he has published extensively and spoken to both national and international audiences. A Fellow of the American Psychological Association (APA), he has served as a member of the Board of Directors for Division 12 (Clinical) for several years. He served as a member of the Board for the Advancement of Psychology in the Public Interest and a liaison to the Child, Youth and Family Committee, both within APA. He is the founder and director of REACT (Recovery Effort After Adult and Child Trauma). He frequently serves as a reviewer for National Institute for Mental Health (NIMH) and the Substance Abuse and Mental Health Services Administration (SAMHSA) and is a consultant to the Disaster Technical Assistance Center. He has appeared on CBS News, BBC, PBS, C-Span, Dr. Oz, Oprah and in many other radio, television media outlets.

Additional Speakers:

- Corie Hebert, Ph.D., Southeastern Louisiana University, Professor, Department of Social Work
- Tonyalea Elam, LCSW, Southeastern Louisiana University, Professor, Department of Social Work
- Kären Hallstrom, JD, MSW, Louisiana Department of Children and Families Services Consultant, and retired from the Louisiana Supreme Court
- Brandy Young, LMSW, Louisiana DCFS
- Sonja Smith, JD, 21st Judicial District Court