



2023 LCTF Speaker Series

Back-to-School Season & Anxiety

August 16, 2023
TIME 12PM - 1PM



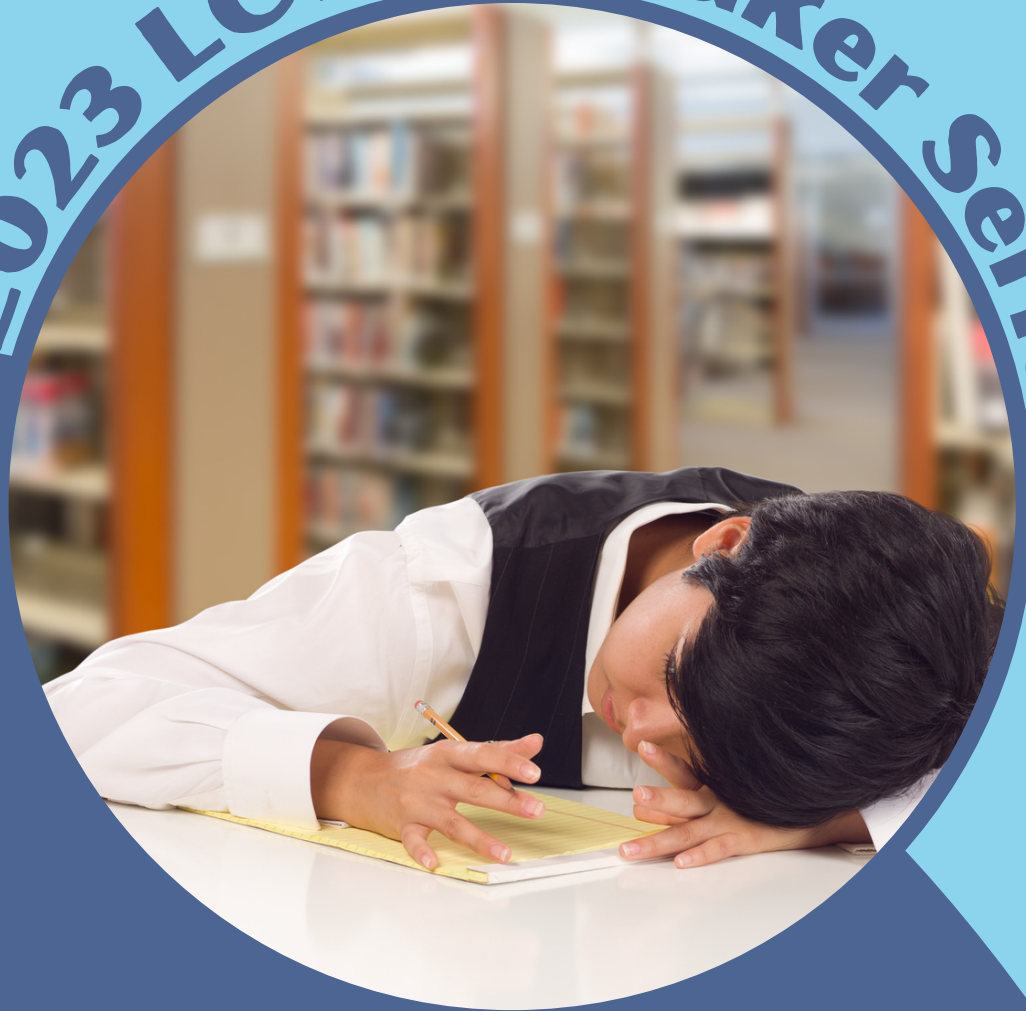
Devi Miron Murphy, PhD

Associate Professor of
Psychiatry Director of
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Psychology

RSVP

Register Now!

<https://bit.ly/LCTFaugust2023>



Mental Health: Strategies for Supporting Your Child and Managing Your Own Anxiety about the Back-to-School Season

It's back to school time and it is very exciting! However some children may experience stress and anxiety. Lots of children who are usually easy going may experience tummy butterflies. Children with minor anxiety sometimes get more nervous and may experience unusual clinginess. Parents feel the stress and anxiety too - it is difficult to leave a crying child at school.



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